



Træningstider - Efterår 2022 (sommertid)

	TIDSPUNKT	MAN	TIRS	ONS	TORS	FRE
HOLD SENIOR						
Serie 1	19:00 - 21:00		X		X	
Serie 2	19:00 - 21:00		X		X	
Serie 4	19:00 - 20:30				X	
HOLD DRENGE 11M						
U19 (2004/2003)	19:00 - 21:00		X		X	
U16/U17 (2007/2006)	19:00 - 20:30	X		X		
	17:30 - 19:00				X	
U14 (2009)	17:30 - 19:00		X		X	
HOLD DRENGE 8M						
U13 (2010)	17:30 - 19:00		X		X	
U12 (2011)	17:30 - 19:00	X	X		X	
U11/U10 (2012/13)	17:30 - 19:00	X	X		X	
HOLD DRENGE 5M						
U09 (2014)	17:00 - 18:30	X(5M)		X(5M)		
U08 (2015)	17:00 - 18:30		X(5M)		X(5M)	
HOLD DRENGE 3M						
U7 (2016)	17:00 - 18:00	X(3M)		X(3M)		
U06 (2017)/Willierne	16:15 - 17:15	X(3M)				
HOLD PIGER 11M						
U15 (2008)	17:30 - 19:00		X			
HOLD PIGER 8M						
U11 (2012)	17:30 - 19:00	X		X		
FK VIBORG						
U19	16:00 - 17:30	X		X		X (15:30)
U17	16:00 - 17:30	X		X		X (15:30)
U15	16:00 - 17:30	X	X		X	X
U14	16:00 - 17:30	X	X		X	
U13	16:00 - 17:30	X	X		X	
U12 TALENT	16:00 - 17:30					X
Oldboys						
Oldboys	19:00 - 20:15			X		SØN 10:00-11:15